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Trafford Social Services Department,  
Trafford North and South Primary  
Care Trusts and Bolton, Salford and  
Trafford Mental Health Partnership

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## **Review of Mental Health Services for older people in Trafford**

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### **Why is there a need for a review?**

Mental Health Services for older people in Trafford are currently undergoing significant change. In this context the Trafford Modernisation Board has agreed to undertake a strategic level review of the direction these services are taking.

The changes taking place are a reflection of a number of national initiatives including the National Service Framework for older people – standard 7 states that *'older people who have mental health problems should have access to integrated mental health services, provided by the NHS and councils to ensure effective diagnosis, treatment and support, for them and their carers'*.

The review will also use the Audit Commission framework contained in its Forget me Not report which also highlights the importance of primary care, prevention and support to carers.

The review will identify the overall model or framework for the ongoing development of services and put current

initiatives into a context for moving forward in a planned and co-ordinated fashion.

### **What are the objectives of the review?**

The objective for the review is to develop an older people's mental health service strategy for Trafford that identifies existing and future capacity for assessment, rehabilitation, continuing care and respite care across functional and organic conditions as well as covering early onset services. The strategy will set the context for the provision and development of:

- In-patient services
- Residential services
- Nursing homes
- Supported accommodation
- Day services
- Community based services

The strategy will also recommend ways in which national policy guidance and best practice can be implemented in Trafford clearly identifying future capacity requirements and suggested locations for each element of service and an overall delivery plan and timescale.

In addition the strategy will be set within a brief thematic overview of the development of general older people's services in Trafford to ensure the mental health strategy has a shared value base and best fit with the wider development of older people's health and social care services.

## What will happen?

The review will involve three elements:

1. Review of published material and analysis of information to inform capacity considerations.
2. Individual and small group discussions with key stakeholders in January and February including service users and carers.
3. Three workshops for key stakeholders including service users and carers.

The workshops will have different objectives and will be held from 12.30pm to 4.45pm on the following dates:

- Tuesday, 3<sup>rd</sup> February – feedback and discussion of initial findings from the analysis of local information in the context of national data = the ‘as is’ workshop.
- Tuesday, 10<sup>th</sup> February – presentation and development of possible models for application locally = the ‘models’ workshop.
- Wednesday, 17<sup>th</sup> March – integration of models and other findings from the review to present emerging recommendations and identify early steps for implementation.

## How do I find out more?

The review is being co-ordinated by a Steering Group made up of representatives from the sponsoring organisations. Membership of this group was still being finalised when going to press.

Local contact:

Richard Spearing, Joint Associate Director for Mental Health (Trafford PCTs and Trafford MBC) – Tel 0161 873 9510. e-mail [Richard.spearing@trafford-pct.nhs.uk](mailto:Richard.spearing@trafford-pct.nhs.uk).

Future newsletters will be made available through the Steering Group. Alternatively you can e-mail the Development Programme co-ordinators:

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